

10 Beginner Snowboard Skills - First Day Riding – poćwicz angielski tak, jak ćwiczysz jazdę!

1. **Przeczytaj słowa:** <https://quizlet.com/114691241/10-beginner-snowboard-skills-first-day-riding-flash-cards/>
2. **Obejrzyj film „10 Beginner Snowboard Skills - First Day Riding”:**
<https://www.youtube.com/watch?v=S0kX1JeeCSQ>
3. **Połącz w pary odpowiednie wyrażenia z prawej i lewej kolumny**

a) to get off	I. own pace
b) the snowboard	II. to the board
c) to walk	III. you slow down
d) use your hand to	IV. uphill
e) to slide	V. downhill
f) at your	VI. pull yourself up
g) strapped	VII. a chairlift
h) if you dig it in,	VIII. is upside down
i) to pick up	IX. more speed

4. **Uzupełnij opis pierwszego „spotkania z deską” wyrażeniami ze słowniczka z ćwiczenia 1.**

This year I decided I wanted to try some snowboarding. I’ve heard previously it could hurt a bit, but I was really curious if it was so much harder than skiing. As it turned out later it wasn’t so much harder, but much more painful...

Since I didn’t have my own equipment, I 1) _____ the whole set. I was surprised how comfortable the shoes were! For the first time I didn’t feel like Robocop in my equipment. Then I went to a beginner’s area not to hurt myself or anybody else. I sat down on the ground (wow, that’s cold!) and 2) _____ the feet. Now, the worst part – it took me around half an hour to 3) _____ up for the first time. I must say that - snowboarding is better than a gym! Then I tried to slide on my 4) _____ - that was quite easy. When I felt comfortable enough I sat down and 5) _____, to practice sliding on the 6) _____. I felt like a master moving back and forth down the 7) _____. Now there came the hardest part – turning. It is hard, because you need to let your snowboard 8) _____. When you do so, you 9) _____ speed – and I was terribly afraid of that. Every time I tried to put more weight over my 10) _____ and then 11) _____ my toe edge – BAM! – I was lying on the ground. As you can imagine, I finished my first lesson with some bruises. Don’t ask me where ;) Still, I want to give snowboarding one more chance and master the art of turning. To become the lord of the board ;)

Ucz się angielskiego z Mów Do Mnie!

Odpowiedzi:

3. a VII, b VIII, c IV, d VI, e V, f I, g II, h III, i IX

4. 1) rented, 2) strapped, 3) pull myself, 4) heel edge, 5) rolled over, 6) toe edge, 7) slope, 8) run flat, 9) pick up, 10) front foot, 11) dig in